



ShoreCAN

Volunteer Center

www.shorecan.org

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Inspirational Quote

The more you lose yourself in something bigger than yourself, the more energy you will have.

Norman Vincent Peale

Latest Statistics

As of December 2010, the ShoreCAN Volunteer Center has:

- 106 Non Profit Partners
- 206 Active Opportunities
- 315 Volunteer Referrals

ShoreCAN always has room to grow. If you would like to register with our volunteer center either as a non-profit or a volunteer please call 410-742-9911 or visit www.shorecan.org

Three Creative Holiday Ideas

- A) **Give a little extra.** Along with donating your canned goods to a holiday food drive, consider giving a food pantry two hours of your time. They are so busy during the holiday season!
- B) **Find your local youth center.** Give them a few hours of your time. Holidays bring a flurry of activity at places like this and extra help is always needed.
- C) **Warm the Homeless.** Simply purchase packages of warm socks, granola bars and bottles of water. Stuff the water bottles and granola bars in the socks and store them in a box in your car. Next time you see a homeless person on the street corner, share a warm gift of comfort .

Volunteer Opportunities

Listed below are brief details of several new opportunities entered into the ShoreCAN database recently. Please visit www.shorecan.org for more details.

Kitchen Helper

Salisbury Urban Ministries
Contact: Wynnette Curtis
Phone: 410-749-1563

Volunteers are needed to assist with the preparation of a meal for fifteen and the clean-up of the kitchen for an afterschool program.

Male Mentor

I.P.P.S Mentoring
Contact: Robert J. Williams
Phone: 410-860-9666

IPPS is looking for male volunteers to befriend 1-3 young persons for a period of at least one year.

Capital Campaign Solicitor

Salisbury Zoo
Contact: Stacy Weisner
Phone: 443-880-8627

Volunteers are needed to contact philanthropic companies and individuals on behalf of the Renew the Zoo capital campaign.

Lawyer

Holly Center Incorporated
Contact: Rose Marie Carey
Phone: 443-260-0822

A volunteer lawyer is needed to inform staff on the on the differences between: wills, living wills, power of attorney, durable power of attorney, durable medical power of attorney.

Non Profit Resource Day 2011

NON PROFIT RESOURCE DAY

Date: 01/19/2011

Time: 10 a.m. — 2 p.m.

Join your colleagues at the Community Foundation's Eastern Shore Nonprofit Support Center to gain valuable tools and tips to help improve and manage your volunteer programs with sessions to strengthen recruitment, retention, strategic planning and management.

Registration: \$25.00



**SAVE THE DATE
JANUARY 19, 2011**

**Sponsored by:
The Community Foundation
& Wor-Wic Community College**

Visit our website at:

www.cfes.org/events

to register for this great
training opportunity!

Volunteer Spotlight: Carol Steffy



Left: Carol

Right: Esther

Carol Steffy is a resident of the Eastern Shore who is building a legacy by creating a fund at The Community Foundation that will encourage volunteerism and visitation in local nursing homes and senior centers while building capacity for existing senior care programs. Carol established *The Carol Steffy Spirit of Esther Fund* to honor her mother's sense of adventure, dedication to others and in appreciation of those who took the time to visit and comfort her in her later years of life.

Esther was a kind hearted and fun spirited woman who never hesitated to explore the world - visiting the landmarks and places that interested her. She was very attentive to her loved ones and spent many hours visiting her older family and friends in various homecare environments while seeing to their comfort and well-being. According to the National Center for Health Statistics, 50% of nursing home patients have no close relatives, 46% have no living children, and 60% have no visitors at all. When considering these shocking statistics one should also know that human contact is critical to the care and well-being of patients. Patients who have good emotional and mental well-being actually respond to nursing and healthcare more positively.

Through her past experiences as an advanced practice registered nurse and nursing home administrator, Carol made the connection between her mother's gifts and commitment to care for the elderly and these statistics and realized there was a way she could make a difference in her local community. Carol is a retired state hospital system employee and currently serves on the board of the Deer's Head Hospital Foundation. In her spare time she teaches CPR and workforce development courses, and offers psychological psychiatric consultations.

Volunteering in a nursing home can be a daunting concept but the programs Carol is working on will give volunteers the tools they need to feel more comfortable around elder patients, such as care carts with books, magazines and toiletries for them or trained animal visitors to tour nursing homes and senior centers. There will also be mentoring and training involved for anyone interested. The intangible benefits to volunteering alone—such as pride, satisfaction and accomplishment are worthwhile reasons to serve. For our communities, volunteering allows us to strengthen our neighborhoods, improve lives, and solve problems.

If you are interested in being a part of the type of programs mentioned above either as an agency or a volunteer you can contact Carol at: 410-543-2119 or carolsteffy@hotmail.com

Join us in thanking Carol for all of her hard work, dedication, and selfless service to our community. Thank you Carol, for just being YOU! If you have a volunteer that you would like to nominate for Spotlight, please contact us at shorecan@cfes.org

Nonprofit Highlight: The Christian Shelter


The Christian Shelter in Salisbury celebrates thirty years in our community providing temporary emergency shelter, nutritious meals and practical and spiritual counseling to people in crisis. "Our faith is the true power behind 30 years of mission and ministry," said Joanne Grier, founding Christian Shelter Board member.

In its first year, the Shelter:

- served 703 people
- provided 5,870 nights of shelter
- prepared an average of 2,000 meals per month

Presently, the Shelter has a total of fifty-one beds within dormitory style wings. In 2010, the Shelter:

- accommodated 24,000 total guests
- provided 156,000 nights of shelter
- served 427,000 meals

In 2007, the Shelter initiated the first phase of an expansion to add eight additional family rooms to the facility. Gifts of plumbing fixtures, heating and cooling elements and labor were donated to the renovation project. Local contractors have brought the renovation of the building to 75% complete. If you are interested in supporting the final phase of this project please contact the Volunteer Center at 410-742-9911 or visit our website at www.shorecan.org

The Christian Shelter is open to those in need of temporary shelter seven days a week. All guests are welcome including single individuals, families, those who are ill, suffering from addiction problems or those who have been previously incarcerated. In addition to the maximum thirty-day stay, a warm bed and hot meals, all guests are offered job counseling and assistance to find permanent housing.

Article content contributed by Jenni Pastusak, SURE PUBLIC RELATIONS & MARKETING

Leaving 2010 : Looking Both Ways

Here at the volunteer center we have seen some wonderful successes in the past year, including growth across the database in all areas (agencies, opportunities, and volunteers) but we are most proud of our relationships and our impact to the community. By working with several partners, ShoreCAN hosted the first ever local volunteer fair and this fantastic event joined hundreds of potential volunteers with non-profits who need help.

Our regional partnerships with the Maryland Volunteer Center Association, the Maryland Governor's Office on Service and Volunteerism, and the Eastern Shore Volunteer Association have been fantastic and allowed us to network and grow. Our staff has had the opportunity to meet many volunteer coordinators and wonderful volunteers. Our involvement in professional development courses at the Community Foundation improved our skills while allowing us the benefit of networking with other non-profit agencies. Our volunteers have made positive impacts at organizations like Diakonia, Worcester County Commission on Aging, the Ward Museum, the Salisbury Zoo, Popular Hill Mansion, and many others. The holiday food drive allowed us to be involved directly in easing hunger locally and without your support we couldn't do this.

Looking back is a nostalgic experience and one that is worthwhile. We learn from our mistakes and grow from our shared experiences. While looking back, we also keep the future in mind and use our past to create even better ideas.

The volunteer center has some great things planned for 2011: volunteer recognition, volunteer networking, national service day participation, and professional training. We hope you're as excited as we are to welcome in the New Year.

Thank you for being a part of ShoreCAN - TOGETHER we make the difference!

Non-Profit Resource Web Links

Here are some great web resources for non-profits:

<http://www.grassroots.org/> Grassroots mission is to serve as a catalyst for positive social change by leveraging modern technologies and best business practices. They offer free services to non-profits.

<http://www.jumo.com/> Jumo connects individuals and organizations working to change the world. Social networking for non-profits and volunteers!

<http://home.techsoup.org/pages/default.aspx> TechSoup offers nonprofits a one-stop resource for technology needs by providing free information, resources, and support.